



Respect, Belonging and Engagement in Learning

Dear Families,

We hope everyone is staying warm in this cold wintery weather. Please continue to check lost property for school jumpers and jackets if they have been lost, as we want to make sure students are warm and comfortable at school. Please see office staff if you are in need of a new jumper or jacket.

A special welcome to Mr Stasi, who is now teaching the Year 6s in Room 27. Miss Jimenez is currently on leave, so Mr Stasi will teach in Room 27 for the remainder of the year. We are very happy to have Mr Stasi join our school community.

Last Thursday we were lucky enough to have a visit from the Adelaide Youth Orchestra. Some of our viola, violin, cello and bass players participated in a workshop with the orchestra and then performed with the orchestra for the rest of our school to watch and enjoy. They did a wonderful job, and all of the other students loved watching the performance. Thank you to Sonia M for organising this for our school. Students are really enjoying all of the music programs we have at The Pines School.

Recently the girls SAPSASA football and netball teams travelled to Virginia to play against Virginia Primary School. Both teams won their games and will now go on to the next round of the competition. Thanks to the girls for representing the school with excellent behaviour. Thanks to Miss Isabella, Mr Liam and Miss Ashleigh for taking the teams to the competition.

Also, last Wednesday, some Year 5 and 6 girls travelled to Ingle Farm Primary School to play 2 games of soccer in the SAPSASA competition. The girls were very competitive and tried their best. Mr Orphanou and Brad took the team to the competition and were very proud of them.

One of our school's priorities in 2022 is Problem Solving in Mathematics. Teachers have been engaged in a range of training sessions on Problem Solving strategies and Mathematical vocabulary, and we are excited to see the progress we are making in this area.

Please take note that the carpark for The Pines Community Children's Centre on Hemming Street is only to be used by staff and families of the Children's Centre. School parents are not permitted to use that carpark at all - including for quick drop-offs or pick-ups, or for turning around, as this causes a traffic hazard for pedestrians and vehicles using this area, especially at the end of the day.

Students have worked very hard over this semester and have made some wonderful progress. We are very proud of the effort and behaviour our students show at The Pines School. Teachers are currently writing student reports, so be aware that reports will be coming home with students on the last day of term.

Stay warm and enjoy this time of the year for snuggling up and having some cosy family time.



**Dates to
Remember**

2022

Term 2

Week 9

30 June & 1 July

School Photo Days



Week 10

8 July

End of Term
School Finishes
2:00pm

Principal
Mrs Cherie Collings

Deputy Principal
Mr Sam Konnis

Assistant Principal
Mrs Toula Girgolas

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"Say Cheese"



**MSP Photography
are on their way!!!**

School Photo Day is:

**Thursday 30TH JUNE &
Friday 1ST JULY**

**Have your child's school memories
captured forever.**

Please take time to read the relevant information
on the MSP payment envelopes & remember
these helpful points:

- Don't seal envelopes inside each other – You can pay for all children in one envelope however each child needs to have their own envelope on photo day.
- Use the Shootkey on your envelope to order online!
- Family envelopes are available at the school office upon request.
- Please enclose correct money as no change is given – cash, cheques and money orders only. Credit card payments can only be made online.

Please feel free to visit our web site

www.msp.com.au

For photo enquiries Phone: (08) 8132 1148 or Email: enquiries.adl@msp.com.au



WELLBEING CORNER



The Importance of Sleep

Did you know that children aged 5-12 need between 10-11 hours of sleep every night?

Getting enough sleep is very important for children's **brains** to grow properly. Their brains need sleep for a number of reasons, it helps children:

- remember what they learn, because consolidating new information happens when they are resting at night
- to pay attention and concentrate better in school
- be creative and think of new ideas
- to get along with their friends and family
- be positive and in a good mood
- solve their problems, assisting them in regulating their emotions

Sleep is also important for children's **bodies** to develop properly. It allows them to grow, repair from injuries and stay healthy to fight sickness.

Some children have trouble getting to sleep – here are a few suggestions to improve their sleep:

- make sure their bedroom is cool, dark and quiet
- get your child to exercise 3 hours before they sleep
- try to get them to bed at the same time every night – their body will get used to the schedule and be more ready to sleep
- don't drink or eat foods with caffeine in the afternoon or evening (energy drinks, cola, chocolate)
- avoid big meals before bedtime
- have a bedtime routine – do some relaxing things like having a bath or shower, read a book or listen to quiet music
- use a mindfulness app (Smiling Minds is a free app that has a range of mindful sleeping meditations)

Playing video games or watching TV within an hour of going to bed actually keeps children from getting a good night sleep. The blue light that is emitted by screens can interfere with a child's brain production of melatonin at night, making it hard for them to fall asleep. Melatonin is the hormone that helps control our sleep and wake cycles.

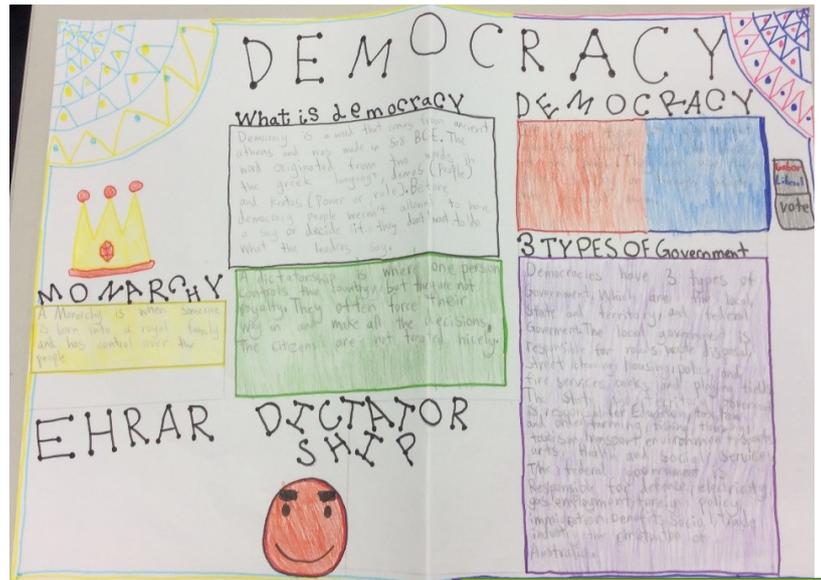
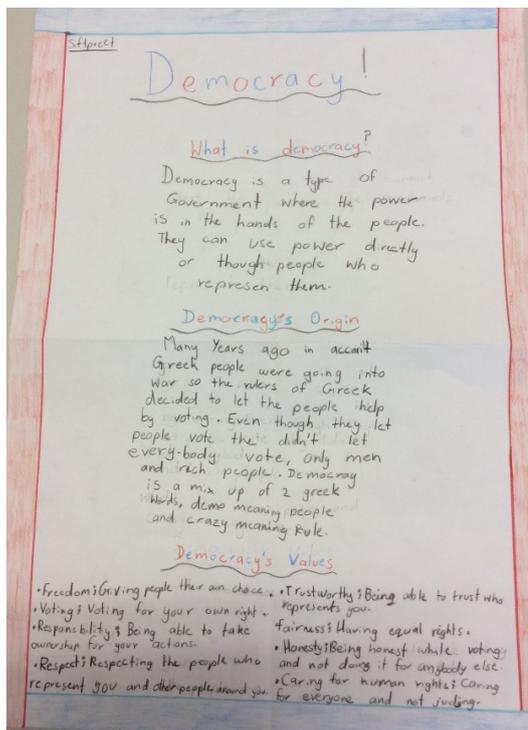
Setting your child up for a good day at school, starts with a good night's sleep.

Sourced from www.sleepforkids.com

Attendance

We understand that many students have been away due to sickness recently. Teachers are spending a large portion of their time following up on student absences – time that could be better spent organising interesting learning activities for their students. If your child is away, please **message the teacher on class dojo or call the school on the day that they are absent**. You will need to contact the school everyday, but if you know your child will be away for a certain number of days, you can let us know in advance.

If you plan on taking your child on a vacation that is longer than 5 days, you need to fill out an exemption form **before** you go away. Exemption forms can be collected from the front office and will be signed off by the principal.



ROOM 25

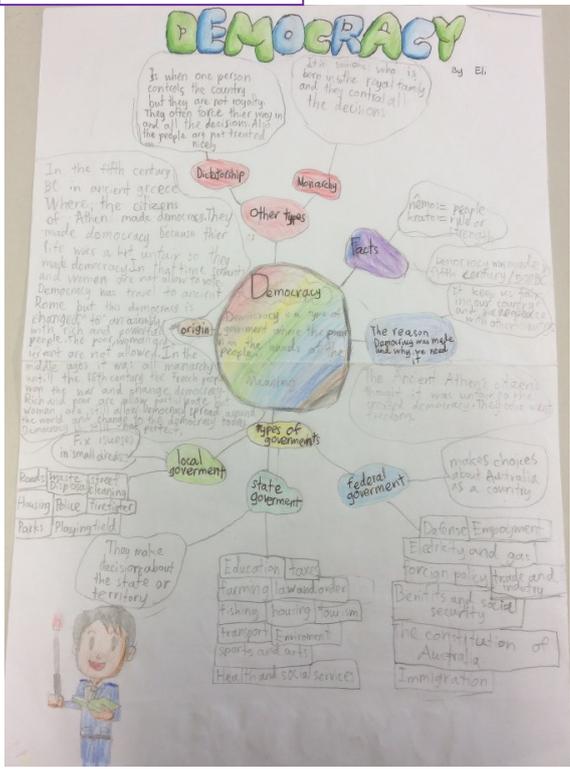
I really enjoyed making the poster about the three types of governments. I especially liked it because we could do it in a way that we liked it and add patterns and drawings to the poster. I also enjoyed using the computer to do my research.

By: Ehrar

I enjoyed learning about the three types of governments we have around the world and I found democracy very interesting and useful.

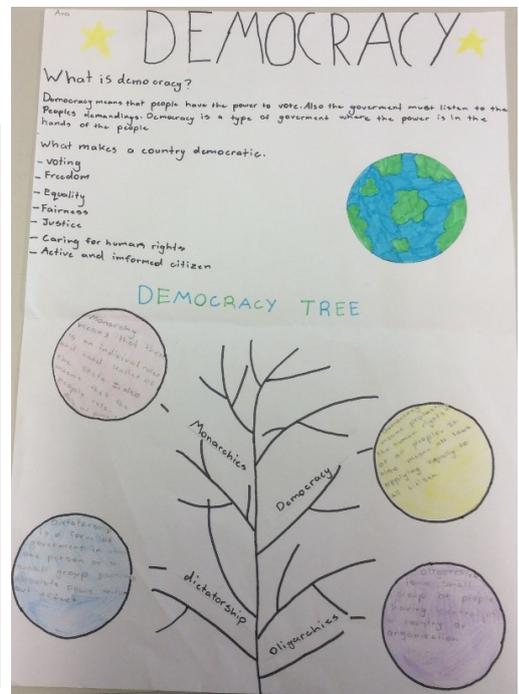
By: Siftreet

This term in HASS, Room 25 has been learning about different types of governments around the world and how they are run. We have also looked in depth at democracy, its origin and its values. The students then had an assignment to demonstrate their understanding by designing and creating a poster about the three different types of government with a deeper focus on democracy.



I have gained a lot of knowledge from HASS this term. I know how governments around the world are run. I have a strong understanding of the three levels of the Australian government such as federal, state and local governments and their responsibilities.

By: Eli



I have really enjoyed HASS because I have learnt so much about different types of governments and how countries are run. I now know what makes a country democratic and I particularly enjoyed working on my poster.

By: Ava

Room 28 cardboard sculptures

Room 28 were challenged to imagine and draw an invention using a Mr. Squiggle sketch. After we had perfected it we then made them out of cardboard as a 3d sculpture. Here are a few of our designs.



Koby's Electronic Shoe

My invention is an electronic shoe that is called striker. It can be controlled by an app on your phone named Striker Shoes. To use the shoes, use the thumb stick on the app to move around but if it is bumpy you can retract the wheels so you can get through. You will also have to charge the shoes so you can use them.



Ada's Invention

My invention is a teddy that collects coins. This invention is for kids that want to save up money and can sleep with it at night if they are scared or want to keep their money safe. To open it you have to smash the teddy when it's full. To know when it's full it will make a noise that sounds like a click!

Victoria's Flying Phone

My invention is a flying phone with lots of fun apps and social media. What my invention does is follow you around by flying with its wings and you never have to worry about losing it. Also, whenever you're on a phone call you don't have to hold your phone at all so you don't drop it and it doesn't crack and break your phone.



Gurjot's Fidget Cube

This is a fidget cube but not just any fidget cube this one can talk but not move, you have to carry it around. It listens to all your worries and suggests a fidget for you. It also tries to help you if you feel like the fidgets aren't working, it will give you other suggestions such as doing yoga, taking deep breaths and more! If you have depression he will talk to you to make you feel better. He can also talk to you even if you're not sad/worried. It tries its best to help make you happy and never gives up!



Student News Team

Adelaide Youth String Orchestra

The Pines School has enjoyed having students from some of the different music groups in the Adelaide Youth Orchestra for several years. This year we welcome back the String Orchestra for a performance at our school. Some of our music students had the opportunity to play some music with the String Orchestra, as well as enjoying a performance of some very beautiful music.

Two of our reporters, who are also learning to play the violin, share their experience of the performance last week



*Our reporters
Patrick and Sanvi*

Sanvi from Room 34:

On Thursday we had the Adelaide Youth Strings visit our school. First, we had all the string students from our school go to the hall with their instruments and then we started practising with the Youth Orchestra students. We learned some new bow exercises. One of them was called Statue of Liberty.



That was very tricky because we had to hold our instrument up for 40 seconds and Martin our instructor made it longer by saying 39.9 and other numbers and it was funny. Then we all started to play our melody and it was very calming. There were different string instruments like violin, cello, double bass and viola. There were 27 students from The Pines and 32 students from the Adelaide Youth Strings playing the music. I was one of the violin players. I thought

everyone did a very good job.

The string students from the Youth Orchestra played a Scandinavian Wedding March and it sounded great and it had a nice beat. There were two groups of violin players in the orchestra. The two violin groups had a battle and the first group of violas thought they were better than the second group of violins. Then they played a song that the violin groups had to battle in. Martin the conductor told us funny jokes that only some students understood. We had three classes that got to come to the hall to watch it live and the other classes watched through Zoom. I thought the performance was good.



Patrick, one of our violin players, also enjoyed the performance and has written a poem about the performance and has drawn a picture of his violin:

Strings
Awesome, fun
Exiting, playing, seeing
Violin, viola, cello, double base
Cool, interesting, creative
We practiced
Music



Student News Team

Music Learning Beyond our School Tabla Drums

Many of our students at The Pines School now learn a musical instrument as part of their school learning program. There can be many benefits for students' learning and wellbeing when they learn to play a musical instrument.

Some of our students also learn an instrument outside of school. This includes instruments from some of the different cultures that are represented at our school.

Agustya, a year 5 student in Room 28 has been learning to play traditional Indian drums called the tabla this year. He brought his drums to school to share his experience learning tabla.



Agustya from Room 28:

My name is Agustya and I have been playing the tabla for nearly a year and I have been learning to play the tabla at the temple.

The tabla is a type of drum. There are two of them and you only use your hands, not sticks to play them. One is made of wood and the other one is made from metal. The top of the drum is made of leather and dried ink.

It is a traditional instrument from North India. I ordered my drums from India and it was shipped here to Australia.

The biggest challenge when playing the tabla is that you must move both hands and all five fingers at the same time to play it. That's the trickiest bit! Depending where you hit the drums it makes a different sound.

I enjoy using the hammer to adjust the gatta which are wooden cylinders on one of the drums. When you adjust them, the drums can make a different sound.



On the weekend I had my first tabla performance at St Columba college. I played on the stage with other people who were singing and playing other instruments.



It was a bit scary being on the stage because there were lots of people watching. I liked performing but at the start it was very nerve-racking. Then as the singer started, I started to get into it and started feeling like I was ok and I thought 'ok I can do this now'. Afterward I felt really happy and my family was also happy because of my achievement. I sent the video of the performance to my relatives in India too. Now I'm looking forward to my next performance!

Student News Team

Sports News



Lily, our sports reporter, shares some news about some of our school sports achievements.

On Tuesday a group of girls went to Virginia to play football and netball. The captain of the netball team was Lily from Room 28 and the vice-captain was Kalia from Room 27. Our team played well, and we won 37-1 in netball and are going into round 2.

Then we played football and our captain was Rubee from Room 27. The vice-captain was Kalia. We won by a goal and now we are moving on to round two for football as well.



Other sports news

Last Wednesday, we also had some of our year 5 and 6 girls play soccer at Ingle Farm as part of the SAPSASA competition. Our students played two games of soccer and were very competitive and tried their best. Unfortunately, they lost both games 2-1.

It is great to see so many of our students playing sport and also representing our school when playing in competitions. We also thank our teachers who support our sporting students.



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