The Pines School Newsletter Week 10, Term 2 8th July 2022

Respect, Belonging and Engagement in Learning

#### **Dear Parents/Carers**

We have officially past the half way mark in the year, it's the beginning of a new financial year and we've just passed the winter solstice (shortest day of the year). Our days are finally beginning to get longer and true to our beautiful South Australian climate, we've had a couple of nice sunny days here and there in amongst the cold wintry weather. Our school holidays are now upon us as Term 2 comes to an end. Despite COVID still throwing a few curveballs, it has been a very productive term.

Term 2 is always an extremely busy time for the school community, with Parent/Teacher Interviews earlier in the term and mid-year reports ready to go out this week. It has been really positive reading through the reports to see how our students are achieving results with their learning and with extra-curricular pursuits such as music and sport. Thank you to all our teachers who have worked very hard to write comprehensive reports for each child and also for their ongoing planning, programming and teaching for students in our lovely school.

This week is National NAIDOC Week. The theme is 'Get Up! Stand Up! Show Up! The message of this theme is to amplify and listen to Aboriginal voices. As part of NAIDOC Week, on Monday 4<sup>th</sup> July, our Year 5/6 students were visited by Mickey O'Brien (Uncle Mickey), an Aboriginal Kaurna Elder, who spoke to our students about Australian History from an indigenous perspective. Students were taught about the importance of listening and being aware of our environment, and also about some of South Australia's early history.

We hope you and your family are able to spend some quality time together these holidays and whether you stay home, or travel near or far, please stay safe.

Please remember that the **<u>first day of Term 3 is a Pupil Free Day</u>** where teachers will be undertaking professional learning about mathematics.

We look forward to seeing everyone back at school on **Tuesday 26<sup>th</sup> July**.







Term 2

Week 10 Friday, 8 July

End of Term School Finishes 2:00pm



#### Term 3

<u>Week 1</u> Monday, 25 July Pupil Free Day

Tuesday, 26 July School resumes

Principal Mrs Cherie Collings

Deputy Principal Mr Sam Konnis

Assistant Principal Mrs Toula Girgolas

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Last week Sonia Kilmister and I had the opportunity to attend wellbeing training called Stronger Connections, which was run by the Department of Education for wellbeing leaders, all over the state. One of the topics that was discussed was 'Students with high anxiety.' We talked about how challenging it is for parents to get support for children with mental health issues.

One of the programs they shared with us is called 'The Brave Program.' It is a **free**, online program for the prevention and treatment of childhood anxiety. There are 3 different programs:

- 1. The Young Child Program for parents and caregivers of children 3-7 years. This is a self-help intervention and not monitored by professionals.
- 2. The Child Program –There are 2 parts to this program one for children who are 8-12 years and one for their parents/carers. You can do this program on your own, or together with your child.
- 3. The Teen Program There are 2 self-directed programs one for teenagers 12-17 and one for parents/carers.

Each program has games, videos and a range of activities to interact with.

The website for The Brave Program is <a href="http://www.brave4you.psy.uq.edu.au/">http://www.brave4you.psy.uq.edu.au/</a>

Please remember that this is a self- help intervention and is not monitored by health professionals. It teaches strategies to help manage worry, fear and anxiety-provoking situations. If you are seeking a diagnosis or treatment for depression, severe anxiety or other mental health problems, please contact a medical practitioner or health professional.

If you need help right away, please contact Beyond Blue at 1 300 22 4636. You can also chat with them online or email them – <u>www.beyondblue.org.au</u>

We hope you have a safe and relaxing holidays. See you in Term 3.

Ms. Christin Valley

Senior Leader – Student Wellbeing for Engagement





### Student News Team

### Our New School Bell

Chelsea from Room 27 shares her thoughts and experience of our new school musical bell. We hope you are enjoying the lovely music as much as us!

She also shares what it is like to have a new teacher this term.



Have you heard the new school bell? If you haven't noticed yet, there is now music playing instead of a siren. If you listen closely, you might even hear some of our own students playing music. One song you will hear already is the flute which is Isaia from Room 26 playing.

The new musical bell is here to replace the old siren. It is much nicer hearing music rather than the annoying siren doing the same thing every day.

There are all types of music for our new bell, including pop music, music from TV shows and classical music. There is also music from other countries.

My favourite bell song is called 'Count On Me' by Bruno Mars because it has a nice meaning. The song is about being there for your friends and it also has a catchy beat.

Our plan is to have more of our own instrumental music students play some songs on their instruments for the new bell. Some students have already set a goal to have their music for the bell and have been working hard by practising every day to get their music ready.

### My New Teacher

Another new change at our school this term, is that we have a new teacher, Mr Stasi, who happens to be my teacher in Room 27.

Here are some reasons why Mr Stasi is a good teacher:

He is very kind and understanding.

Mr Stasi loves maths which is good because we do a lot of it!

He helps us with our learning.

When you are stuck with your work, he will help you understand by making it clearer and use objects to explain it better.

Mr Stasi is really good at maths and is really good at teaching it. Most students have enjoyed learning maths with him.



Having a new teacher in the middle of the year is a bit confusing because most things have changed, and some things have stayed the same. It is hard to get used to the changes. While it has been hard to get used to the changes, I still have my friends and I use a growth mindset to keep doing my best in my learning. We've had Mr Stasi for 3 weeks now and most of us are getting used to the changes.

# Student News Team

### More Musical Instruments at The Pines School

Tiffany from Room 35 writes about some new instruments that were recently donated to our school. **We send a very big thank you to Salisbury Downs Primary School** who generously gave us these instruments for our music program:

Did you know that music helps your brain with all school subjects?

Hi, my name is Tiffany and today I was AMAZED at how many instruments were donated to our school last week. The school that donated all the amazing instruments was Salisbury Downs Primary School which is only 6 minutes away from The Pines School.

One of the amazing new instruments is the xylophone. A xylophone is an instrument that has wooden bars on the top that you hit with a mallet. Another one of the amazing instruments we got are some glockenspiels. A glockenspiel has metal bars instead of wooden bars on top. They sound very different, but in a good way. We also got two autoharps. Autoharps are like a normal harp, but much smaller. You play the autoharp by plucking the strings.

We used to only have one xylophone and no big glockenspiels or autoharps and it's so great to have them now. It means lots of different kids can have fun and learn music with xylophones, glockenspiels and autoharps. There were a few extra small instruments such as the Chinese water flow. There are two of these and they sound like when water runs down which sounds really lovely. Altogether there are 22 new percussion instruments.



### Student News Team

### <u>Sports News</u>

Lily our sports reporter from Room 28, and Koby, also from Room 28 share some of the sports news from the last two weeks.

Hi, my name is Lily, I was part of the netball carnival with Kalia from Room 27.

We lost all our games but tried our hardest. We played at the Priceline Stadium and the experience was one in a lifetime and I would do it again. The games were challenging because we had taller girls playing against us, we may have only won two games, but it was worth it.



It was a new challenge for me both mentally and physically.

Hi, my name is Koby, I play in The Pines School Football team. Our team played on the North Pines Oval in week 8.

We played very well and won with the score 88-0. A highlight was when one of our students kicked the football from really far away right through the middle of the goals. Everyone cheered.



I played as a forward, and one of the goals was when I handballed to Jacob S and then he got a goal. The best thing was when I finally got the ball because it didn't come to me for most of the game.

The team all played well and ended up with a great win.

### The challenges and fun of basketball

*Emily from Room 26 plays Basketball outside of our school and shares her experience with us:* 

Did you know that the biggest challenge in playing basketball is getting down the court? Getting down the court is hard because there are lots of people from the other team trying to stop us from getting baskets.

Hi, my name is Emily and I like to play basketball. I play for the Kevin Brooks Basketball Club. I play a match against another team on Saturdays and have training on Sundays.

The best thing about basketball is getting to socialise and make friends. One of the things I like best when I play is when I get to take the ball out from an



opponent's hands and then dribble it to the basket so I can shoot a basket. Getting the ball in the basket is how we score. The basket is worth 2 points. There is also a 3-point line which is harder for you to shoot from because it is father away from the hoop. Another thing I enjoy is called 'the jump'. The jump happens at the start of the game when the umpire throws the ball up in the air. I recommend basketball because it's really fun.



## Students of <u>all ages</u> are invited to submit poems to the 2022

### Spring Poetry Festival!

Multiple prizes to be won and a selection of the best entries will be published in the SAETA Spring Poetry Anthology

#### CLOSING DATE: Friday 5th August 2022

See your English teacher for more information, or visit www.aate.org.au/saeta



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