The Pines School Newsletter



Week 11, Term 1 14th April 2022

Respect, Belonging and Engagement in Learning

Leadership News

It has been a busy and unusual start to the year. We thank everyone in our school community for helping us be safe by following school COVID guidelines. Teachers, staff and students have been doing their best to stay focussed on their learning during these times.

Parent/teacher interviews will be taking place in the first two weeks of Term 2, and you should have received your interview time already. Parent/teacher interviews are a great opportunity for you to discuss your child's progress and share information about the learning program. If you still need to make a time, please contact your child's teacher at the beginning of Term 2.

There was much excitement at The Pines last week, when Eddie Betts visited our school to talk to children about his journey as an AFL footballer and to reinforce the important messages about being *Kind* to each other and working together as a community to stamp out *Racism*.

COVID restrictions meant that only a few classes were able to be physically present at his presentation, however, all classes had access to his talk through a live stream on *Microsoft Teams*. Eddie expertly interacted with the audience and also answered students' well-crafted questions.

Michelle Boerkamp our Aboriginal Community Education Officer, organised Eddie's visit to our school.

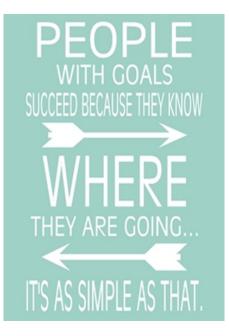
In addition to the excitement of having Eddie Betts at our school, we were also fortunate enough to have a music performance from *Musica Viva* called *Colours of Home*. As with our Eddie Betts presentation, only some of our students were able to view the performance in person. Other classes were able to watch live online from their classrooms.

Our student reporters have more information about both our exciting events later in the newsletter.

Goal Setting

Even with various challenges occurring this term due to COVID, it has been especially good to see student's already setting learning goals and start working toward achieving them. Goal setting is such an important part of being a successful learner and is a focus here at The Pines School. All our students are supported to set learning goals and make plans to achieve them. Goal setting is a skill that can help our students now and in the future.

We wish everyone a safe and happy holiday and look forward to seeing our students again next term.





Dates to Remember

2022

Term 2

Week 1
Starts back on
2nd May 2022

Week 2
10th May 2022
Year 6 Aquatics

Week 3

NAPLAN Testing
16-20th May 2022

20th May 2022

COLOUR RUN

Principal
Mrs Cherie Collings
Deputy Principal
Mr Sam Konnis
Assistant Principal
Mrs Toula Girgolas

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The Importance of Online Safety

Although spending time online, whether it be gaming or using social media, may be a great source of entertainment for children, it is very important to ensure that your child is being safe online. Cyberbullying, predators and exposure to inappropriate content are some of the potential dangers that children face in cyberspace. You can stop these things from

happening in a variety of ways, but here are a few ideas to consider:

Guard your personal information: talk to your child about never giving out any personal details when online. This includes their name, address, where they go to school, birthday and photographs.

Ensure that your child's online friends are real people that they know: it is very easy for a predator to imitate a child online, and are often looking for vulnerable children that need someone to talk to. Remember that predators groom children over time, slowly finding out little pieces of information and keeping track of it. If your child needs to interact with others online, make sure you know who they are talking to and regularly check their devices.

Always monitor you child's online use: this may include checking the websites that they are using are age appropriate and always keeping an eye on the screen. Children should not be online when unsupervised, create a space in your home where using devices is visible to everyone. Children should not have internet-enabled devices in their bedrooms.

Check that game ratings are age appropriate: Games are rated for a reason, to ensure that the content is relevant and safe for the child that is using it. If they are playing games that are rated above their age level, there is a chance that they are being exposed to excessive violence, inappropriate language and inappropriate sexual content.

Check social media age restrictions: Did you know that almost all social media programs are age restricted to 13 +? This means that all of our students are too young to be using platforms like *Tik Tok, Snapchat, Instagram, Tumblr, Twitch and even YouTube*. Firstly, they are exposed to content that is not age appropriate. Secondly, it is important that everyone thinks before they put things online, as they will always be there – forever - and children below 13 (and even at this age) do not have enough cognitive function for impulse control and ethical thinking.

Remember there are free parental controls available to you online to monitor your child's online usage. They are available on Netflix, Apple products, Google play, Xbox One, YouTube Kids and safesearch for google to name a few. If you are unsure of how to use them, there is a lot of information and tutorials to help you put them into place.

We encourage you to have open discussions about online safety with your family, make a plan and follow through with it. Their safety is important to all of us.

Limit your child's screen time: Negotiate the amount of time your child spends per day on screens. Some believe that watching screens is relaxing but in fact, it overstimulates and distracts the brain. This is actually teaching a child that the only way to relax the brain is to overstimulate it. In time the brain gets used to this type of stimulation and over time children may become less interested in experiences that are not as stimulating (reading books, playing with toys, listening in class). Also make sure that screens go off at least an hour before bed time, as stimulation from screens can affect the quality of your child's sleep or their ability to fall asleep.





Thank you so much for continuously supporting our school, especially through fundraising. Next term, we are hosting a Colour Explosion School Run 4 Fun to raise money for our school production – Jack and the Beanstalk – with a Twist and other exciting school initiatives.

Start fundraising today. Did you know that students raise 3x times more when they fundraise online! Visit www.plantadifference.com.au to create your child's cybersafe fundraising profile. Instructions are in your child's sponsorship booklet. You have until May 22nd to fundraise.

The big day is coming! We are so excited to host our Colour Explosion School Run 4 Fun on **Friday the 20th of May after lunch**. On the day, make sure your child brings a white shirt for the Fun Run. They will be covered in non-toxic, high quality colour powder from head to toe! They will also need a water bottle and their hat. Sunscreen will be provided.

We are Going Green! This year, we have chosen to reduce our impact on the environment and Go Green! For every \$20 we raise, Carbon Neutral and the Great Barrier Reef Foundation will plant one native tree/shrub or coral in the *Yarra Yarra Biodiversity Corridor* or Great Barrier Reef. More information about the Go Green Initiative can be found in your child's sponsorship booklet.

If you have any questions about the Colour Explosion School Run 4 Fun, please contact Christin Valley. Thanks for supporting our school.

Happy Fundraising!

The Pines School Staff







2023 Preschool enrolments

If your child turns 4 before 1st May 2023, they are eligible for Preschool next year! Come to The Preschool to fill out a Registration of Interest form or email The Preschool at cpc.info87@schools.sa.edu.au for one to be emailed to you.

ثبت نام پیش دبستانی2023

اگر کودک شما قبل از ماه ۱ مه 2023 چهار ساله را تمام کرده واجد شرایط پیش دبستانی میتوانید بروید دبیستان

براُی پر کردن فورم ثبت نام و از طریق یکی از آنها برای شما ایمیل شو و از طریق یکی از آنها برای شما ایمیل شود. . cpc.info87@schools.sa.edu.au

2023 Đăng ký vào Trường Mẫu giáo Nếu con của quí vị lên 4 tuổi trước ngày 1 tháng Năm năm 2023, các em sẽ được nhận vào học ở trường Mẫu giáo năm tới. Xin đến trường để lấy form (mẫu đăng ký), hoặc có thể gởi email qua địa chỉ này cpc.info87@schools.sa.edu.au để trường sẽ gởi form qua email cho quý vị

Room 42



This term Room 42 have been learning about Bookmaking. We have studied many books written by the author Aaron Blabey and created our own amazing books.





I like
Bookmaking.
Books are fun
to make and
fun to read.
Roop. K.







WISHING EVERYONE A HAPPY EASTER FROM ROOM 4





Eddie Betts Visits The Pines School

Aaliyah, one of our reporters from Room 28 knows a lot about Eddie Betts. She was very excited to get the chance to finally meet him here at The Pines School. Aliyah met Eddie Betts and spoke with him about his achievements and the importance of family and belonging.

<u>Aaliyah</u>

On Monday Eddie Betts came to our school and I was flustered to see him because I was so excited.

I said 'Hi' to him but I was a bit shy and he said 'Hi' back and said my name and I wondered how he knew my name.

I was with Eddie Betts for the whole day because I did the Acknowledgement of Country in Kaurna language and in English with Kaiden for the Eddie Betts presentations.

Eddie Betts talked about his life and then read 2 books to the Pine's kids. He talked with students about being proud of your culture and to never give up on something you love.

It was good meeting Eddie Betts in real life because I've actually wanted to see him since I was 4 years old.

Aaliyah researched some information about Eddie Betts:

Eddie Betts was born in 26th November 1986 in Port Lincoln, South Australia.

He has played 350 games and kicked 640 goals for the Crows and Carlton AFL teams.

He dropped out of primary school, then at the age of 18 he went back to school to get an education so he could get a job to help his family. When Eddie Betts didn't know how to write and read in English, he got help from his footy coach to help him learn to read and write.

Eddie Betts is one of the best Aboriginal AFL players.

Year 6 reporters Kai, Jamie and Kaiden also spoke with Eddie Betts and asked questions about his life and career:



Reporters Kai, Jamie, Aaliyah and Kaiden with Eddie Betts

Jamie from Room 27:

Question: What did you do to achieve your goals?

Answer: I worked hard, I practised a lot and I made sure I was having fun. It also helps to make others smile when you are working hard.

Kaiden from Room 37:

Question: What is your routine to be successful?

Answer: Being successful is about the way you live your life. Having family and being connected to your country. It also about having fun.

Kai from Room 37:

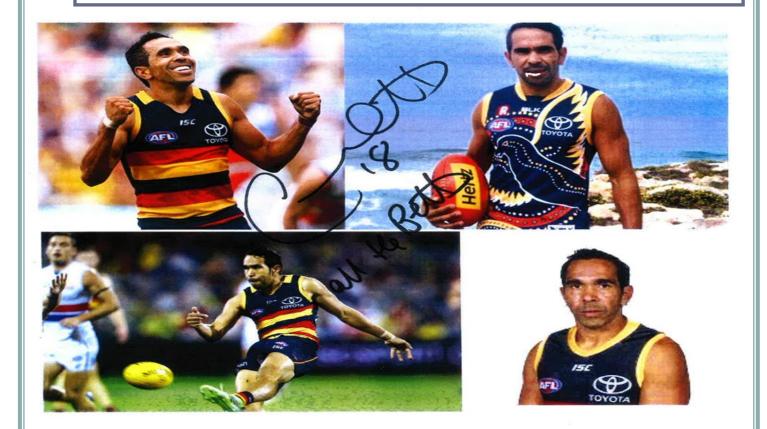
Question: What was your greatest sporting moment?

Answer: Playing my 300th game at the Adelaide Oval with my family watching.





Eddie Betts spoke with our students about being kind to each other, and working together as a community to stamp our racism. He also signed some photos for our school to keep as a memory of this very special visit.



Congratulations

This week we celebrated two big achievements here at The Pines School.

One of our SSOs, **Ashleigh Woodland** who plays football for the AFLW Adelaide Crows team helped her team win their third premiership. Last week Ashleigh was also awarded the Leading Goalkicker award for the AFLW national competition and became the first female in the AFLW to reach a 20 goal milestone in one season. Ashleigh also won a place as a dominant forward in the All Australian AFLW team for 2022.

We feel fortunate to have such a talented and inspirational role model working here at The Pines School.

Please click on the link below, or the link on Class Dojo to see the first ever episode of **The Pines New TV** where our student reporters interview Ashleigh about her recent achievements.

The Pines New TV – click HERE to see Episode 1



Our first TV news presenters Chelsea and Adaline from Room 27 with Ashleigh







Student News Congratulations

We also congratulate one of our instrumental music students, **Isaia** who is in Year 6. For those of you who haven't been following this story from last year, Isaia, who has been learning to play the flute here at The Pines School won a scholarship to play with the Adelaide Youth Orchestra (AdYO).

On Sunday, Isaia had her first AdYO performance and she is the first Pines School music student to perform with AdYO at Elder Hall at the Adelaide University. Isaia has worked so hard to achieve her music goals. She has also inspired many of our other instrumental music students this year. Isaia has written about her experience:

Isaia's Adyo Experience

On Sunday the 10th of April, I went to Elder Hall at the University of Adelaide to perform with the Adelaide Youth Wind Orchestra. Here is a summary of how the experience went!

Before leaving for the performance, I was a bit nervous, but once we got to Elder Hall my nerves began to ease. As I stepped into the hall, I glanced around the huge room and found my conductor. The Adelaide Youth String Orchestra was already rehearsing. I was amazed at the beautiful sound they were making with their violins, violas and cellos.

Once the Youth String Orchestras rehearsal time was up, it was our turn to rehearse. Some helpers assisted to get the stage ready for us, with chairs and stands etc. Then we all got out our instruments, tuned them, then we went up to the stage and rehearsed ourselves. The conductor wanted us to have a feel for the room and get comfortable with the sound we make when all of us play together on the stage.

After rehearsing, we were taken into a small room downstairs. This is where we waited an hour for the staff to get the hall ready for the audience. One of the Orchestra members had an idea to play a game called "detective". We all sat in a circle and the conductor picked a detective who then went out of the room while the conductor picked a person to be the pattern leader. The pattern leader made a rhythm by clapping their hands or tapping the floor and everyone else had to copy the leader. The detective came back in the room and tried to figure out who the pattern leader was. It was a fun game and ended up buying about 45 minutes.

For the next 15 minutes we just talked and ate a snack. After one hour, the conductor told us it was time. We all suddenly became a bit nervous again. We went up some stairs and tried to be as quiet as possible so nobody would hear us from the stage. We then went up some more stairs and entered the stage where all the chairs were set up for us. We took a seat, and our conductor gave us a signal when to start.

I waved to Sonia, Miss Norley, and my parents who were in the audience. Sonia was easy to spot since she was waving at me, which calmed my nerves. We then played the two pieces we had been practicing for the past few weeks at rehearsals. Once we had finished our pieces, we stood up and bowed. Then we waited for the audience to stop clapping and went back downstairs. I felt so relieved.

We then went with our conductor quietly out the back of the hall and to the front from the outside. We went up some more stairs which lead to the second floor of audience seats, where we had the opportunity to sit and watch the Adelaide Youth String Orchestra perform. It was absolutely magical!

After the performance, my legs where a bit sore from sitting for so long, but I got up from my seat and we were guided back downstairs and outside, where we then waited for our parents. There were so many people outside from the audience but I patiently waited and eventually spotted Sonia, Miss Norley, and my parents. We then took a few photos and said goodbye.

After such a long day, I was exhausted but very proud of my achievement and the amazing experience.



Isaia playing her flue (second from the left) with AdYO at Elder Hall

<u>Musica Viva</u> <u>Colours of Home Performance</u>

This year marks the beginning of our three-year Residency Program with Musica Viva. During our Residency, our students and teachers will be supported to develop their music skills, understanding and enjoyment of different types of music.

Part of our Residency Program involves having Musica Viva School performances each year. This is fully funded by Musica Viva so there is no cost for our families.

This year we will get to enjoy two Musica Viva performances, the first taking place last week. This performance was called **Colours of Home**.

Our student reporters will tell you more about the performance last week:



Casper with his electric guitar and Celia with her oboe performed **Colours of Home**

Emily from Room 26:

On Monday of week 10, Musica Viva sent one of their musical groups to perform at our school. The performer's names were Celia and Casper. Casper played the electric guitar and Celia played the oboe. The concert was about colours and emotions. Celia said that she sees colours when she hears music and that was the inspiration for this concert.

The first piece they played was very bright and upbeat and about the colour red. Next they played a piece that was about a road journey and it sounded really funky. They also played a piece that someone from the Torres Strait Islands wrote. This piece was about the colours blue and green.

Isaia from Room 26:

Celia and Casper visited our school and performed magical pieces of music that helped students illustrate stories with music in their heads. They used colour and emotions to create music. They had conversations with the students in the audience about how they could illustrate the colours and emotions they chose into a musical journey. They used the audiences' ideas to create musical pieces with special meanings that told a story.

Sanvi from Room 34

The two performers played a song to make us feel like we were on a trip and we were looking out the window as the landscape changed.

Celia said that she can see beautiful colours in her mind when she listens to music. Casper said that he did not see colour, but he had different emotions when listening to music and sounds. They played different type of melodies. Some were about sad emotions and some and were about happy emotions. They had an umbrella and spun it around. Whichever colour it landed on they played music that went with the emotions of the colour.



They used nearly everyone's ideas about the emotions that went with the colours. When it was time for the last song they spun the umbrella and it stopped on purple. They had already had purple first so they span again and they got purple again, so they played music that was really calm and then exiting.

They also played music about different emotions. For angry they played loud scary sounding music, for kind and happy the play happy jumpy sounds.

Emily and Isaia also interviewed the performers. Here is what they found out:

We asked them how often they practiced together to sound so harmonic.

They talked about how when they first got together it was easy to be harmonic. They had to meet up and practise a lot to be able to make sounds that children would be able to understand too.

They wrote a special piece for this concert that was inspired by Casper's garden. They also make music by putting together lots of different sounds and music, adding their own ideas and a twist. Casper said that when he gets an idea in his head, he gets a pen and writes down his idea, then grabs the closest guitar and plays it.

Question: Do you enjoy playing with other instruments more or playing music by yourself?

Celia said that if you play an instrument, most of your time will be spent practicing and playing by yourself. But once you are able to play by yourself, you can start adding other people to join in, playing in ensembles and groups with other musicians. Casper agreed with what Celia said. They both enjoy playing by themselves, but musical sparks happen when you play with other musicians.

Question: How do you go about illustrating pictures in peoples head with music?

Celia and Casper use emotions and colours to make stories with their music. But to make a story even clearer they use other people's ideas to create music too. By using other people's ideas it is easier for them to visualise the story just by using music. They also associate different types of sounds with parts of a story. For example loud noises = scary or frustrating situations, but soft and gentle noises = nice and beautiful situations.



Emily and Isaia interviewing Celia and Casper



Emily and Isaia with Casper, Celia and Emily from Musica Viva who helped bring this amazing performance to our school this term.













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