#### THE PINES SCHOOL

# CANTEEN PRICELIST inc GST

#### **DAILY MENU**

\$4.60 Meat Lasagne Vegetarian Lasagne (V) \$4.60 \$4.60 Spaghetti \$4.60 Macaroni Penne Napolitano \$4.60 \$4.80 Fried rice (G) Vegetarian Fried rice (V)(G) \$4.60 Pizza—margarita / Ham & Pineapple \$4.50 Butter chicken with rice and Naan bread (G) \$4.50 \$3.20 Nacho's with salsa & cheese or sour cream, Nacho's with everything \$3.60 Meatball Sub \$3.50 Sweet Chilli Tender mini wrap \$3.50 Hot ham and cheese roll \$3.30 ½ hot ham and cheese roll \$1.70 Chicken nuggets or Dino snacks (each) 65c Gluten Free Chicken Nuggets (G) (each) 70c Chicken nuggets or Fish or chicken dino snacks \$4.60 with salad Hamburger with sauce, tomato & lettuce \$4.60 \$4.60 Chicken burger with lettuce & mayo Fish burger with lettuce & mayo \$4.60 Corn Cobbett's (V)(G) \$1.00 Chicken or Beef noodles \$3.40

## SANDWICHES, ROLLS AND WRAPS

	Sandwiches	Rolls or Wraps
Vegemite	\$1.80	\$2.10
Egg	\$2.30	\$2.80
Tuna	\$2.30	\$2.80
Ham	\$2.30	\$2.80
Cheese	\$2.30	\$2.80
Chicken	\$2.80	\$3.30
Salad (tomato, cue, lettuce & carrot)	\$3.20	\$3.60

From January, 2025

## QKR





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#### **Fruit salad**

Water melon, orange, grapes, apple or rock melon

small medium \$1.60 \$2.60

### Extra's

Tomato	\$0.50
Cucumber	\$0.50
Lettuce	\$0.50
Carrot	\$0.50
Gherkins	\$0.50
Beetroot	\$0.50
Cheese	\$0.60

#### Sauce

Mayo	\$0.30
Tomato or BBQ	\$0.30

We can toast sandwiches, rolls or wraps at no extra cost.

We follow healthy guidelines and all foods listed on the canteen menu are in the green or amber categories.

(G) Gluten Free

(V) Vegetarian

WEEKLY SPECIAL		DRINKS	
		Milk	
Large pie	\$4.30	Nippy's 250ml –choc,straw,honeycomb	\$2.80
Large sausage roll	\$4.30	Up and Go 250ml - choc, strawberry, banana or vanilla	\$2.50
Tuesday and Friday		Oak milk – 250ml choc or straw	\$2.70
Hot dog with sauce	\$4.20		·
Half hot dog with sauce	\$2.10	MILK	
Hot dog extra's mustard,	40c	Juice and Water	
cheese, BBQ sauce	60c 30c	Spring water 600ml	\$2.50
BBQ sauce		Spring water 350ml	\$1.00
MONDAY			
Baked potato with 3 toppings, choice of: Coleslaw, beetroot, grated cheese, pineapple, ham and sour cream	\$6.00	Juice Crush 250ml – orange, apple or apple/blackcurrant	\$2.20
Each extra toppings	50c		
SNACKS		Glee drinks (99% fruit juice carbonated)	\$2.80
Muffins – baked daily		Frozen apple/or apple blackcurrant cups	\$1.80
Small	20c		,
Medium	60c	•	
		<b>Ice cream cups</b> Choc, Vanilla, Caramel, Mint, Lemon	\$2.70
Chocolate custard	\$1.40	Frozen Yoghurt	
Jelly cups— apple or blackcurrant	\$1.40	Mango or Strawberry	\$3.00
Jumpy chips – chicken, Salt & Vinegar	\$1.30		
Snaps—BBQ or light & tangy (G)(V)	\$1.80		
Corntos – BBQ or Cheese	\$1.30		