

THE PINES SCHOOL

CANTEEN PRICELIST inc GST

From 1st May, 2023

DAILY MENU

Meat Lasagne	\$4.50
Vegetarian Lasagne (V)	\$4.50
Spaghetti	\$4.50
Macaroni	\$4.50
Penne Napolitano	\$4.50
Fried rice (G)	\$4.80
Vegetarian Fried rice (V)(G)	\$4.50
Pizza—margarita / Ham & Pineapple	\$4.30
Butter chicken with rice and Naan bread (G)	\$4.30
	
Nacho's with salsa & cheese or sour cream ,	\$3.00
Nacho's with everything	\$3.50
Meatball Sub	\$3.40
Sweet Chilli Tender mini wrap	\$3.40
Hot ham and cheese roll	\$3.20
½ hot ham and cheese roll	\$1.60
Chicken nuggets or Dino snacks (each)	60c
Gluten Free Chicken Nuggets (G) (each)	60c
Chicken nuggets or Fish or chicken dino snacks with salad	\$4.50
Hamburger with sauce, tomato & lettuce	\$4.50
Chicken burger with lettuce & mayo	\$4.50
Fish burger with lettuce & mayo	\$4.50
Corn Cobbett's (V)(G)	\$1.00
Chicken or Beef noodles	\$ 3.20

SANDWICHES, ROLLS AND WRAPS

	Sandwiches	Rolls or Wraps
Vegemite	\$1.70	\$2.00
Egg	\$2.20	\$2.70
Tuna	\$2.20	\$2.70
Ham	\$2.20	\$2.70
Cheese	\$2.20	\$2.70
Chicken	\$2.70	\$3.20
Salad (tomato, cue, lettuce & carrot)	\$3.10	\$3.50



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Fruit salad

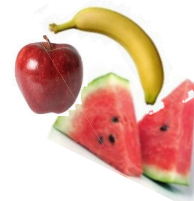
Water melon, orange, grapes, apple or rock melon

small

medium

\$1.40

\$2.40



Extra's

Tomato	\$0.50
Cucumber	\$0.50
Lettuce	\$0.50
Carrot	\$0.50
Gherkins	\$0.50
Beetroot	\$0.50
Cheese	\$0.50

Sauce

Mayo	\$0.30
Tomato or BBQ	\$0.30

We can toast sandwiches, rolls or wraps at no extra cost.
We follow healthy guidelines and all foods listed on the canteen menu are in the green or amber categories.
(G) Gluten Free
(V) Vegetarian

WEEKLY SPECIAL

Large pie  \$4.20
 Large sausage roll \$4.20

Tuesday and Friday

Hot dog with sauce \$4.00
 Half hot dog with sauce \$2.00
 Hot dog extra's
 mustard, 40c
 cheese, 50c
 BBQ sauce 30c


NOT AVAILABLE AT THE MOMENT

Baked potato with 3 toppings, choice of:
 Coleslaw, beetroot, grated cheese,
 pineapple, ham and sour cream

Each extra toppings



SNACKS

Muffins – baked daily 
 Small 20c
 Medium 60c
 Chocolate mousse \$1.20
 Jelly cups– apple or blackcurrant \$1.20
 Jumpy chips – chicken, Salt & Vinegar \$1.20
 Snaps—BBQ or light & tangy (G)(V) \$1.60
 Corntos – BBQ or Cheese \$1.20

DRINKS

Milk

Nippy's 250ml –choc,straw,honeycomb \$2.60
 Big M 250ml – chocolate or strawberry \$2.40
 Up and Go 250ml - choc, strawberry, \$2.40
 banana or vanilla
 Oak milk – 250ml choc or straw \$2.60



Juice and Water

Spring water 600ml \$2.00
 Spring water 350ml \$1.00
 Juice Crush 250ml – \$2.00
 orange, apple or apple/blackcurrant

Glee drinks (99% fruit juice carbonated) \$2.70
 Frozen apple/or apple blackcurrant cups \$1.50

Ice cream cups

Choc, Vanilla, Caramel, Mint, Lemon \$2.50

